



# 💥 Détente " Montagne Douce" 💥

## MASSAGES with natural oils

Douce Relaxation	30 ' 60 ' 80 'min
Tailor made massage adapt to your needs After Ski	
Tonic, dynamic or deep massage	30 ' 60 ' min
Pierres chaudes	
Energy massage, physical and mental relaxati	on 60 ' 80 'min
With Candle	
Cocconing massage, soft and comforting	60 ' 80 'min
Special Summer	
Lymphatic drainage	30 ' 60 'min

30 min a part of the body -45 €60 min whole body -75 €80 min whole body with face and scalp -95 €

## RITUALS

#### Montagne Bien-être

Face care L'essentiel and body Massage of 30 min soft or tonic

60 min – 80 €

#### **Montagne Douce**

Body scrub and whole body Massage of 60 min soft or tonic 80 min – 95 €

#### Montagne Zen

Face care L'essentiel and whole body Massage of 60 min soft or tonic

90 min – 105 €



The well-being parenthesis of your stay

Anaïs

Our service partner at La renardière 10 years of experience

Don't hesitate to anticipate your stay and book now your moment of relaxation 04.50.34.45.62 <u>contact@renardiere.com</u>



# FACE CARE

#### L'essentiel coup d'éclat

Moisturizing or purifying : cleansing, exfoliation, mask	
End of care cream	30 min – 40 €

#### Douce beauté personalized care

adapt to your needs : cleansing, exfoliation, revitalising massage, mask, end of care cream  $60 \text{ min} - 65 \notin$ 

### **BODY CARE**

Cristaux des montagnes scrub

20 min – 35 €

You can also book during your stay At the reception subject availabilities

No therapeutic well-being treatment Payment is made to your Stay Extras account Time includes installation

 $\rightarrow\,$  For any modification or cancellation less than 24 h in advance, the establishment reserves the right to invoice 50 % service.